Level 2 compulsory OU courses (30 points)

- Counselling: exploring fear and sadness (D240) – 30 points

Level 2 optional OU courses (60 points)

- Exploring psychology (DSE212) – 60 points
- Child development (ED209) – 60 points
- Diverse perspectives on mental health (K225) – 30 points
- Challenging ideas in mental health (K272) – 30 points
- Death and dying (K280) – 30 points

The courses...

To qualify for the foundation degree you need 240 points. You must take the following CPCAB courses, which provide 150 points towards this foundation degree and are delivered by a network of FE providers, visit www.cpcab.co.uk for more details. The remaining 90 points must come from the Level 2 OU courses.

Level 1 compulsory CPCAB course (120 points)

- CPCAB Level 4 Diploma in Therapeutic Counselling
  (This Diploma is delivered by a network of FE providers) – 120 points

Level 2 optional CPCAB courses (30 points)

- CPCAB Level 5 Diploma in Psychotherapeutic Counselling
  (This Diploma is delivered by a network of FE providers) – 30 points
- CPCAB Level 5 Certificate in Cognitive Behavioural Therapists Skills and Theory
  (This Certificate is delivered by a network of FE providers) – 30 points

The cost...

The cost of the programme depends upon the courses taken. Fees can be payable in instalments and there are various forms of help available in the UK for those who would otherwise find it difficult to pay for fees. For more information call +44 (0)845 300 60 90 or visit www.open.ac.uk/study

We help more people with the cost of study than anyone else.

35,000 people received financial support last year alone.

Further information...

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Inspired? Get a prospectus...

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www.openuniversity.co.uk/counsellingfd

INSPIRING LEARNING
Introducing counselling at The Open University...

There has been tremendous growth in counselling in recent years with increasing numbers of people recognising the value of professional support in dealing with problems in living. This has led to more people seeking careers in counselling and the helping professions generally. The Open University (OU) in collaboration with the Counselling and Psychotherapy Central Awarding Body (CPCAB) are pleased to offer a Foundation Degree in Counselling.

There are many reasons why people decide to study in… choice, flexibility, portable courses, top-class teaching, continual support, great value, our open-door policy and last but not least, our reputation and standing.

We’re the UK’s biggest university with over 200,000 students each year, so you’ll be in good company.

Foundation Degree in Counselling...

The Open University’s Foundation Degree in Counselling provides an understanding of the theory and skills required to practise as a professional counsellor. It is suitable for individuals with some knowledge of basic counselling theory and skills who wish to train further to become qualified to practice in a professional setting. It also prepares students for further study, enquiry and reflection on their practice.

The foundation degree is offered in partnership with the CPCAB, and consists of 150 points of CPCAB work-based study, and 90 points of OU knowledge-based study. The CPCAB courses are delivered through a network of Further Education (FE) providers. The foundation degree will take 3 to 5 years to complete part-time and completing a further 320 points at HE level 3 you could gain an OU honours degree.

For the last four years we have been rated in the top two universities in the National Students Satisfaction Survey.

How it works…

The first part of the CPCAB study consists of the Counselling and Psychotherapy Central Awarding Body (CPCAB) Level 4 Diploma in Therapeutic Counselling, delivered through a network of FE providers. You will be taught the theory and practice of counselling in small groups over the course of two years part-time.

The second part of the CPCAB study consists of the Level 5 CPCAB Diploma in Psychotherapeutic Counselling, delivered through a network of FE providers. You will be taught the theory and practice of counselling in small groups over the course of two years part-time.

Who is this course suitable for?...

It is suitable for individuals with some knowledge of basic counselling theory and skills who wish to train further to become qualified to practise in a professional setting.

Planning your studies…

The degree has two types of courses: knowledge-based and work-based. During the work-based CPCAB components you will need to have access to a suitable counselling setting (paid or voluntary) and you will need professional supervision of your counselling practice and to engage in 50 hours of personal therapy. Assistance in making these arrangements will be given by the FE provider delivering the Diploma.

A range of assessment methods will be used including written assignments, case studies, oral presentations, audio-recording of counselling practice and examination.

Career relevance and employability…

The foundation degree will directly qualify you to practise as a professional counsellor in a wide variety of settings from the statutory to voluntary sector. The award has been designed to provide you with all the necessary knowledge and skills to practise effectively as a counsellor or in line with current professional requirements.

On completion of the foundation degree there are opportunities for continued professional development including extending your studies to receive an honours degree.
Introducing counselling at The Open University…

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Because there are many reasons why people decide to study within chosen disciplines, the Open University offers a wide range of courses in a variety of formats to suit different needs and aspirations.

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Foundation Degree in Counselling…

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The Foundation degree is provided in partnership with the CPCAB, and consists of 210 points of CPCAB coursework-based study, and 90 points of OU knowledge-based study. The CPCAB courses are delivered through a network of Further Education (FE) providers. The Foundation degree will take 3 to 5 years to complete part time and completing a further 320 points at HE level 3 could gain you an OU honours degree.

For the last four years we have been rated in the top two universities in the National Students Satisfaction Survey.

Planning your studies…

The degree has two types of courses knowledge based work based. During the work based CPCAB components you will need to have access to a suitable counselling setting (paid or voluntary) and you will need professional supervision of your counselling practice and to engage in 450 hours of personal therapy. Assistance in making these arrangements will be given by the FE provider delivering the Diploma.

The knowledge based OU courses will develop your theoretical knowledge which will further inform your practice. A range of assessment methods will be used including written assignments, case studies, oral presentations, audio recording of counselling practice and examination.

How it works…

The first part of the CPCAB study consists of the Counselling and Psychotherapy Central Awarding Body (CPCAB) level 4* Diploma in Therapeutic Counselling, delivered through a network of FE providers. You’ll be taught the theory and practice of counselling in small groups over the course of two years part time.

The second part of the CPCAB study consists of the Level 5* CPCAB Diploma in Psychotherapeutic Counselling or the Level 5* CPCAB Certificate in Cognitive Behavioural Therapeutic Skills and Theory, delivered through a network of FE providers. A further 90 points at HE level 2 from the OU courses include one compulsory course in counselling, Counselling: exploring fear and sadness (D240) 30 points at Level 2 and a further 60 points of options drawing from a range of courses in psychology and mental health.

*CPCAB awards are described within the Qualifications and Curriculum Authority’s National Qualification framework. The CPCAB level 4 diploma described here has been assessed as equivalent to OU (HE) Level 1 study and the Level 5 CPCAB awards have been assessed as equivalent to OU (HE) Level 2 studies.

Who is this course suitable for?...

This suitable for individuals with some knowledge of basic counselling theory and skills wish to train further to become qualified to practice in a professional setting.

Career relevance and employability…

The Foundation degree will directly qualify you to practice as a professional counsellor in a wide range of settings from the statutory to voluntary sector. The award has been designed to provide you with all the necessary knowledge and skills to practice effectively as a counsellor in line with current professional requirements.

On completion of the Foundation degree there are opportunities for continued professional development including taking your studies to receive an honours degree.
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Foundation Degree in Counselling…

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The foundation degree is provided in partnership with the CPCAB, and consists of 150 points of CPCAB work-based study and 90 points of OU knowledge-based study. The CPCAB courses are delivered through a network of Further Education (FE) providers. The foundation degree will take 3 to 5 years to complete part-time and completing a further 320 points at HE level 3 you could gain an OU honours degree.

For the last four years we have been rated in the top two universities in the National Students Satisfaction Survey.

How it works…

The first part of the CPCAB study consists of the Counselling and Psychotherapy Central Awarding Body (CPCAB) level 4 Diploma in Therapeutic Counselling, delivered through a network of FE providers. You’ll be taught the theory and practice of counselling in small groups over the course of two years part-time.

The second part of the CPCAB study consists of the Level 5 CPCAB Diploma in Psychotherapeutic Counselling or the Level 5 CPCAB Certificate in Cognitive Behavioural Therapeutic Skills and Theory, delivered through a network of FE providers. Further 30 points at HE level 2 from the OU courses include one compulsory course in counselling (D240) 30 points at Level 2 and a further 60 points of options drawn from a range of courses in psychology and mental health.

FACT: CPCAB awards are described within the Qualifications and Curriculum Authority’s National Qualification Framework. The CPCAB level 4 diploma described here has been assessed as equivalent to OU (HE) Level 3 study and the level 5 CPCAB awards have been assessed as equivalent to OU (HE) Level 2 studies.

Planning your studies…

The degree has two types of courses knowledge based and work based. During the work based CPCAB components you will need to have access to a suitable counselling setting (paid or voluntary) and you will need professional supervision of your counselling practice and to engage in 50 hours of personal therapy. Assistance on making these arrangements will be given by the FE provider delivering the Diploma.

The knowledge based OU courses will develop your theoretical knowledge which will further inform your practice. A range of assessment methods will be used including written assignments, case studies, oral presentations, audio recording of counselling practice and examination.

FACT: For the last four years we have been rated in the top two universities in the National Students Satisfaction Survey.

Who is this course suitable for?…

This suitable for individuals with some knowledge of basic counselling theory and skills who wish to train further to become qualified to practise in a professional setting.

Career relevance and employability…

The foundation degree will directly qualify you to practise as a professional counsellor in a wide variety of settings from the statutory to voluntary sector. The award has been designed to provide you with all the necessary knowledge and skills to practise effectively as a counsellor in line with current professional requirements. On completion of the foundation degree there are opportunities for continued professional development including the possibility of continuing your studies to receive an honours degree.
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- Challenging ideas in mental health (K272) – 30 points
- Death and dying (K260) – 30 points

Level 1 compulsory CPCAB course (120 points)

- CPCAB Level 4 Diploma in Therapeutic Counselling.

Level 2 optional CPCAB courses (30 points)

- CPCAB Level 5 Diploma in Psychotherapeutic Counselling.
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Further information...

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or speak to an advisor

+44 (0)845 300 60 90

The cost...

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